

教友通訊

Newsletter

May 2014 五月



Sacramento
Chinese
Catholic
Community

沙加緬度華人
天主教團體

彌撒： 每主日下午三時正

Mass: Sundays 3:00 p.m.

地點： 聖體大教堂

Place : Cathedral of the Blessed Sacrament
1017 – 11th Street
Sacramento, CA 95814

司鐸： 何光榮神父

Priest: Fr. Nicholas Ho
916-371-4814

聯絡： 周祖樂會長

Contact: Brian Chow (President)
916-583-8306
sccc.contact@gmail.com

Check us out on the World Wide Web: 請瀏覽我們的網頁：

www.sacchinesecatholic.org

Words from Fr. Nicholas Ho

EASTER- A TIME OF HOPE

It brings tears to the eyes when we see mothers and their families cry in desperation when tragedy struck the Malaysian Jet Liner MH 370 more than a month ago. Then again the whole sad scene repeated itself when recently the ferry carrying high school students sank off the coast of South Korea. Again mothers wept uncontrollably and some numbed by grief stared aimlessly out at the sea while rescue work continued.

Yes, Easter was recently celebrated and the world was full of lilies, trimmed in gold and white. God's people was happy and she burst out chanting, "Alleluia! Alleluia! Alleluia!" We have been told even when we were very young that Easter is a time of Hope. Easter brings the awareness that God is present even when his presence is not directly noticed. Easter brings the good news that, although things seem to get worse in the world, pain and loss of loved ones are still experienced, the Evil One has already been overcome. Easter allows us to affirm that although God seems very distant and although we remain sad and troubled, Our Lord walks with us on the road and keeps comforting us and strengthening us. So there are many rays of hope casting their light on our way through life. Jesus repeatedly remind us saying, "Do Not Be Afraid! I am here!" One more thing....Remember... The Easter season lasts fifty days - through the most beautiful spring months of April and May. Remember that we are heaven-bound with Jesus. We need to celebrate long after Easter Sunday. Treat yourself, your family and your friends to some loving, joyous feasting over the next 50 days. Break out the "Alleluias" and go tell everyone what Jesus said, "Go tell everyone that I will meet you and be with you."

HAPPY AND BLESSED EASTER TO YOU !

何神父的話

復活節-充滿希望的時候

在一個多月前，馬來西亞航空公司的MH370 客機失蹤了。當我們見到航機乘客的母親和家人在絕望裏痛哭，我們也不禁流出眼淚。不久之後，這樣的傷心場面又再出現，一艘載滿高中學生的客輪在南韓的海域沈沒。母親們哭得不能自己，有一些更被哀痛麻木了，當救援工作繼續進行之時，他們只懂得漫無目的地凝視着大海。

我們剛慶祝了復活節，整個世界也被百合花包圍着，被點綴成金色與白色。天主的子民很是高興，並高歌讚頌：「亞肋路亞！亞肋路亞！亞肋路亞！」我們從小已被告知復活節是代表希望的時候。復活節讓我們意識到天主的存在，即使祂的存在並不被直接的察覺得到。縱使世界上的事好像變得更糟，人們仍經歷痛楚和失去至愛，但是復活節卻帶給了我們喜訊，那就是魔鬼已被克服。雖然天主好像遙不可及，而我們仍有着悲傷和困難的時候，但復活節讓我們得以肯定天主一直與我們同行，並常安慰和給予我們力量。因此，在人生的旅途上會有很多希望之光照耀着我們。耶穌也再三提醒我們：「不要害怕！我在這裏！」還有的是……請記着，復活節期有五十天之長，並橫跨四月和五月那最美好的春天時分。記着我們是與耶穌締結於天國的。我們要在復活節主日後繼續慶祝，在未來的五十天，請款待你自己、你的家人和朋友到這充滿愛與歡樂的盛宴。大家齊說「亞肋路亞」，並告訴其他人耶穌所說過的話：「告訴所有人知道我會與你見面並和你在一起。」

願你有一個快樂與幸福的復活節！

新書介紹

五月是聖母月，而五月十三日是花地瑪(法蒂瑪) 聖母瞻禮。相信大家也聽過聖母瑪利亞在 1917 年於葡萄牙花地瑪顯現給三位牧童的事蹟。剛巧我們團體的小圖書閣便增添了一本書，內容是關於花地瑪聖母顯現和其中兩位真福牧童的生活實蹟。在此感謝教友 Barbara 和 Brian 捐出這書。

這書名為《最年幼的精修真福：法蒂瑪的方濟各和雅新達》，作者是一位筆名曰待示村魯的中國神父。神父為了寫此書，特別學了一年半葡文，再三閱讀十幾本有關法蒂瑪的書，多次翻遍了路濟亞修女(當年見到聖母顯現的其中一位牧童) 的回憶錄。他執筆之時，左手握着兩位小真福的聖髑盒，右手執着路濟亞簽名用過的筆，並坐在二小真福的大像前，懇求法蒂瑪聖母助佑。

書中描述葡萄牙的歷史背景，法蒂瑪的地理環境，也敘述了三位牧童，包括小兄妹方濟各和雅新達，及他們的表姐路濟亞的生活。作者更詳細地講述他們見到天使顯現，以及聖母向他們六次顯現的經過。最使人印象深刻的，莫過於講述兩位小真福方濟各和雅新達的聖德生活事蹟，他們如何犧牲來為罪人作補贖。最後也提到他們被列為真福品的經過。

若你對此書有興趣，不妨借來閱讀，相信會使你有所感動與啟發。

New Book Recommendation

May is the month of Mary, and May 13 is the feast of Our Lady of Fatima. I believed many of you had heard about the apparitions of Our Lady to three shepherd children in Fatima, Portugal, in 1917. Coincidentally, our parishioners Barbara and Brian donated a new Chinese book to our mini library, which described about the events of this apparition and the lives of two of the shepherd children, who were later declared as "Blessed".

This book is titled "The youngest children to be beautified: Francisco and Jacinta of Fatima". It was written by a priest from China. In order to write this book, he had learnt Portuguese for one and a half years. He also read a lot of books about the events in Fatima, and the memoirs of Sister Lucia of Fatima (one of the shepherd children who witnessed the apparitions of Our Lady). When he started the writing, he sat in front of the statues of the two Blessed children, he held the reliquary of them in his left hand, while he wrote with the pen that Sister Lucia had signed her name with. He kept praying for the help of Our Lady of Fatima.

In the book, the author gave a historical and geographical description of Portugal and Fatima. He also wrote about the lives of the three shepherd children: siblings Francisco and Jacinta, and their cousin, Lucia. He described in detail of how they witnessed the apparitions of an angel and Our Lady. What impressed me the most was the description of the faith of Francisco and Jacinta, and how they sacrificed themselves to make penance for sinners. He also gave an account of the process of their beautification.

If you are interested in this book, you are welcome to borrow it from the mini library.

The Golden Rule

Alex Wan

“Do to others whatever you would have them do to you. This is the law and the prophets.” - Jesus (Matthew 7:12)

Jesus called upon all of us to treat each other the way that we would want to be treated. As you may know, it is The Golden Rule. While it sounds simple, it can be difficult to put in practice. Nevertheless, it is necessary, especially when it comes to having compassion for, and helping those who are in need.

You may wonder how helping people is related to The Golden Rule. After all, reflections about The Golden Rule usually focus on the relationships and interactions we have with friends, family members, and co-workers. However, it also applies to how we react to the plight of people who are impoverished and/or living under oppression. For example, when we fall upon difficult times, we would desire (and expect) our loved ones to be supportive, caring, and compassionate. In the same vein, we should be supportive of, and show compassion for people who are in need, regardless of whether they are close to home or far away. Moreover, mentioned in my last article, Jesus called upon us to love our neighbors, which include not just our family, but also humankind in general. Thus, by being compassionate for the poor and the oppressed, we can show our love and implement The Golden Rule in our own lives.

I saw The Golden Rule in action in Washington D.C. during the weekend of March 15, 2014. I joined activists from all over the United States, Canada, and Syria in D.C. to advocate for freedom and peace in Syria. There was a rally, fundraising dinner, and a reading of the names of the people who have been killed during the Syrian Revolution. The participants

of these events were Muslim and Christian and were also of different racial backgrounds, including Chinese, Russian, Ukrainian, Iranian, Syrian, and Egyptian. Nevertheless, we were all united in our compassion for our Syrian brothers and sisters as well as our advocacy for stability, peace, and democracy in Syria. In addition, we raised over \$500,000 to help displaced Syrians. Thus, we stood together and were able to implement The Golden Rule in our work for Syria.

I encourage you to do the same in your own lives. There is so much that we can all do. From donating to organizations that help people in need to advocating against oppression, we can all make a difference. God bless you and let us show our compassion and love through our prayers and actions.

Websites of organizations that you can donate to:

- NuDay Syria- It does great work in helping Syrian refugees:
<http://www.nudaysyria.net/>
- Karam Foundation- It also provides aid to Syrian refugees:
<http://www.karamfoundation.org>
- Sacramento County Food Bank- It provides food and other aid to those in need in the Sacramento area:
<http://www.sacramentofoodbank.org/>
- Doctors Without Borders- It provides medical treatment in many impoverished areas around the world:
<http://www.doctorswithoutborders.org/>

黃金定律

溫旭輝

「所以，凡你們願意別人給你們做的，你們也要照樣給人做：法律和先知即在於此。」-耶穌 (瑪 7:12)

耶穌向我們提到若你想別人怎樣對你，你也要照樣的對人。你可能也知道，這叫做黃金定律。它看似簡單，但卻不容易實行。無論如何，這是有必要做的，尤其是對其他人的憐憫之心和幫助有需要的人。

你可能會想究竟幫助他人與黃金定律有何關連。一般對黃金定律的看法也是集中於和朋友、家人及同事的關係與交流。但是這道理也適用於那些窮困及受壓迫的人。例如，當我們遇到困難的時候，總會渴望(及期望)我們所愛的人能夠給予支持、關懷和同情。同樣地，我們也應對有需要的人給予支持，並心生同情，不管他們是離我們近還是遠。再者，我於上一篇投稿也提到耶穌叫我們愛近人，那不單包括我們的親人，而是所有人。所以，當我們對貧困和受壓迫的人施以憐憫，我們正表現出愛和實行了黃金定律。

在二零一四年三月十五日的那個週末，我便在華盛頓體驗到這黃金定律如何被實踐。我和其他來自美國、加拿大及敘利亞的積極分子一同於華盛頓為敘利亞的自由與和平作出呼籲。其中包括集會、籌款晚宴，以及宣讀在敘利亞革命被殺的受害人名單。今次的參加者有回教徒和基督徒，大家也有不同的種族背景，包括中國

人、俄羅斯人、烏克蘭人、伊朗人、敘利亞人和埃及人。無論如何，我們為着同情敘利亞的兄弟姐妹而團結起來，並一起倡導敘利亞能得到穩定、和平與民主。此外，我們共籌得超過五十萬的款項來協助流亡的敘利亞人。因此，我們站在一起為敘利亞工作，同時亦實行了黃金定律。

我鼓勵大家也照樣做。其實有很多事情我們也可以做的，我們可以捐款到機構去幫助有需要的人，也可呼籲其他人反對壓迫，我們都可以有所作為。願主保佑你，也讓我們透過祈禱和行動去表現我們對人的同情和愛心。

你可給予捐款的機構所在網址：

- NuDay Syria-它為敘利亞難民作出很好的工作：
<http://www.nudaysyria.net/>
- Karam Foundation-它也為敘利亞難民提供援助：
<http://www.karamfoundation.org>
- Sacramento County Food Bank-它為沙加緬度地區有需要的人提供糧食及其他協助：
<http://www.sacramentofoodbank.org/>
- Doctors Without Borders(無國界醫生)- 它為全世界落後地區提供醫療協助：
<http://www.doctorswithoutborders.org/>

Homily of Pope Francis on the Holy Mass and Rite of Canonization of Blesseds John XXIII and John Paul II

On April 27, 2014, Pope Francis canonized his papal predecessors John XXIII and John Paul II. Here is his homily on the Holy Mass and Rite of Canonization.

“At the heart of this Sunday, which concludes the Octave of Easter and which Saint John Paul II wished to dedicate to Divine Mercy, are *the glorious wounds of the risen Jesus*.

He had already shown those wounds when he first appeared to the Apostles on the very evening of that day following the Sabbath, the day of the resurrection. But, as we have heard, *Thomas* was not there that evening, and when the others told him that they had seen the Lord, he replied that unless he himself saw and touched those wounds, he would not believe. A week later, Jesus appeared once more to the disciples gathered in the Upper Room. Thomas was also present; Jesus turned to him and told him to touch his wounds. Whereupon that man, so straightforward and accustomed to testing everything personally, knelt before Jesus with the words: “My Lord and my God!” (*Jn* 20:28).

The wounds of Jesus are a *scandal, a stumbling block for faith*, yet they are also the *test of faith*. That is why on the body of the risen Christ the wounds never pass away: they remain, for those wounds are the enduring sign of God’s love for us. They are *essential for believing in God*. Not for believing that God exists, but for believing that *God is love, mercy and faithfulness*. Saint Peter, quoting Isaiah, writes to Christians: “by his wounds you have been healed” (*1 Pet* 2:24, cf. *Is* 53:5).

Saint John XXIII and Saint John Paul II *were not afraid to look upon the wounds of Jesus, to touch his torn hands and his pierced side*. They were not ashamed of the flesh of Christ, they were not scandalized by him, by his cross; they did not despise the flesh of their brother (cf. *Is* 58:7), because they saw Jesus in every person who suffers and struggles. These were two men of courage, filled with the *parresia* of the Holy Spirit, and they bore witness before the Church and the world to God’s goodness and mercy.

They were priests, and bishops and popes of the twentieth century. They lived through the tragic events of that century, but they were not overwhelmed by them. For them, God was more powerful; faith was more powerful – faith in Jesus Christ the Redeemer of man and the Lord of history; the mercy of God, shown by those five wounds, was more powerful; and more powerful too was the closeness of Mary our Mother.

In these two men, who looked upon the wounds of Christ and bore witness to his mercy, there dwelt a *living*

hope and an *indescribable and glorious joy* (*1 Pet* 1:3,8). The hope and the joy which the risen Christ bestows on his disciples, the hope and the joy which nothing and no one can take from them. The *hope and joy of Easter*, forged in the crucible of self-denial, self-emptying, utter identification with sinners, even to the point of disgust at the bitterness of that chalice. Such were the hope and the joy which these two holy popes had received as a gift from the risen Lord and which they in turn bestowed in abundance upon the People of God, meriting our eternal gratitude.

This hope and this joy were palpable in the *earliest community of believers*, in Jerusalem, as we have heard in the Acts of the Apostles (cf. 2:42-47). It was a community which *lived the heart of the Gospel*, love and mercy, in simplicity and fraternity.

This is also the image of the Church which the Second Vatican Council set before us. John XXIII and John Paul II cooperated with the Holy Spirit in *renewing and updating the Church in keeping with her pristine features*, those features which the saints have given her throughout the centuries. Let us not forget that it is the saints who give direction and growth to the Church. In convening the Council, Saint John XXIII showed an exquisite *openness to the Holy Spirit*. He let himself be led and he was for the Church a pastor, a servant-leader, guided by the Holy Spirit. This was his great service to the Church; for this reason I like to think of him as *the pope of openness to the Holy Spirit*.

In his own service to the People of God, Saint John Paul II was *the pope of the family*. He himself once said that he wanted to be remembered as the pope of the family. I am particularly happy to point this out as we are in the process of *journeying with families towards the Synod on the family*. It is surely a journey which, from his place in heaven, he guides and sustains.

May these two new saints and shepherds of God’s people intercede for the Church, so that during this two-year journey toward the Synod she may be open to the Holy Spirit in pastoral service to the family. May both of them teach us not to be scandalized by the wounds of Christ and to enter ever more deeply into the mystery of divine mercy, which always hopes and always forgives, because it always loves.”

(Source: http://w2.vatican.va/content/francesco/en/homilies/2014/documents/papa-francesco_20140427_omelia-canonizzazioni.html)

教宗方濟各在雙教宗的封聖典禮上之彌撒講道

教宗方濟各 4 月 27 日天主慈悲主日主持封聖大典，宣佈若望二十三世和若望保祿二世兩位教宗為聖人。他在彌撒講道中強調：“在這兩位默觀基督創傷和為祂的慈悲作見證的人身上，同時存在着‘充滿生命的希望’和‘充滿光榮的喜樂’（伯前一 3，8）。祈願兩位新聖人教導我們不以基督的創傷為恥，教導我們進入天主慈悲的奧秘中。”這篇彌撒講道全文內容如下：

這個結束復活節八日慶期的主日，以復活耶穌的光榮創傷為紀念的中心。聖若望保祿二世將這個主日訂定為天主慈悲主日。復活的耶穌首次顯現給宗徒們時已經向他們展示了祂的創傷。那是安息日隔天，也就是祂復活那天的晚上。但是，那天晚上——我們在福音中聽到——多默不在場。當其他宗徒告訴他，他們看見了主時，他回答說：如果不親眼看見並且觸摸耶穌的創傷，他不相信。八天後，耶穌再次顯現在晚餐廳中、在門徒們中間，多默也在場；耶穌向多默講話並要他觸摸祂的創傷。於是，這個直率、慣於事事親自驗證的人，在耶穌面前跪下說：“我主！我天主！”（若廿 28）耶穌的創傷是信德的絆腳石，但同時也是信德的確證。為了這個緣故，這些創傷沒有在復活的基督身上消失，反而繼續留在祂身上，因為那些創傷是天主愛我們的永恒標記，是為相信天主所不可或缺的。不是為相信天主存在，而是為相信天主是愛，是慈悲的、忠信的。聖伯多祿在寫給基督信徒的書信中，引用依撒意亞先知的話說：“你們是因他的創傷而獲得了痊愈。”（伯前二 24；參：依五三 5）聖若望二十三世和聖若望保祿二世都有勇氣注視耶穌的創傷，觸摸祂受創傷的雙手和被刺穿的肋旁。他們沒有以基督的肉身為羞恥，沒有因祂和祂的十字架而跌倒，沒有因他們骨肉的身體而感到羞恥（參：依五八 7），因為他們在每一個受苦的人身上看見了耶穌。他們兩個是勇敢的人，充滿了聖神的坦率，他們都為天主的仁愛和慈悲向教會和世界作了見證。他們都是二十世紀的神父、主教、教宗。他們都經歷了二十世紀的悲劇，但都沒有被壓倒。在他們身上，天主更強大，對人類救贖主和歷史之主的耶穌基督的信德

更強大；在他們身上，耶穌五傷所展示的天主慈悲也更強大，聖母母愛的關懷也更強大。在這兩位默觀基督的創傷和為祂的慈悲作見證的人身上，同時存在着“充滿生命的希望”和“充滿光榮的喜樂”（伯前一 3，8）。

復活的基督賜給門徒們的希望與喜樂是任何事物、任何人都不能從他們那裏奪去的。復活的希望和喜樂，經過了空虛和掏空的熔爐，經過了與罪人同在直到最後一刻，直到喝下那惡心的苦杯。這便是兩位聖教宗從復活的主那裏得到的禮物，他們也將這禮物豐富地送給天主的子民，並因而受到永遠的感激。這個希望與這個喜樂可以在宗徒大事錄（參：宗二 42-47）所說的耶路撒冷的首個信友團體中感受到，一如我們在讀經二中聽到的那樣。在這個團體中，成員度的是福音實質的生活，也就是在簡樸和友愛中度充滿愛與慈悲的生活。這便是梵蒂岡第二屆大公會議作為楷模的教會的形象。若望二十三世和若望保祿二世與聖神合作，依照教會原有的容貌來恢復並更新教會；這是歷代聖人所塑造的教會的容貌。我們不可忘記，正是這些聖人們在推動教會，使之不斷前進，不斷成長。聖若望二十三世在召開大公會議時，表現出對聖神小心翼翼的順從；他任由聖神帶領。對教會，他是一位牧人，一位由聖神帶領的引導人。這是他對教會的重大服務；因此，我樂意把他看作順從聖神的教宗。在為天主子民的服務上，聖若望保祿二世是家庭的教宗。正如他有一次說的，他希望人們記得他是家庭的教宗。我願意強調這一點，因為我們正走在朝向討論家庭和與家庭同在的世界主教會議的路途上。可以肯定，他一定會從天上陪伴並支持我們走這條路。祈願這兩位天主子民的新聖牧人為教會轉禱，願教會在這兩年走向召開世界主教會議的路途上，順從聖神，努力為家庭的牧靈服務。祈願兩位新聖人教導我們不因基督的創傷跌倒，教導我們進入天主慈悲的奧秘中。慈悲的天主時時希望，事事寬恕，因為祂永遠是愛。

資料來源：天網

<http://www.cncatholic.org/a/zhuantijieshao/jiaozongfengshengzhuanjiruowange/2014/0428/15639.html>

會務報告 Announcement

1. Our next business meeting will be held May 18, 2014 (Sun.) at 1:00pm at the Our Lady of Grace Parish meeting room in West Sacramento. All are welcome to attend.
 下一次事務會議將於五月十八日(星期日)下午一時在西沙加緬度的聖母聖寵堂會議室舉行。歡迎各位參加。
2. Our community has invited Bishop Myron Cotta to celebrate Mass with us on Sunday, June 22nd at our usual Mass time of 3:00 pm. We hope that you can join us for this special occasion. Please spread the word to as many people as possible to attend this Mass to show our support for the new Auxiliary Bishop of the Diocese of Sacramento.
 我們團體邀請了 Myron Cotta 主教於六月二十二日(星期日) 下午三時為我們慶祝彌撒。希望大家能夠同來參加，並請將消息廣傳，讓更多人來參與彌撒，向我們新任的沙加緬度教區輔理主教表示支持。
3. May is the Month of Mary, we will pray the rosary every Sunday prior to our Mass, starting May 4 through May 25 at 2:30 pm. Please come earlier before Mass to join us.
 五月份是聖母月。由五月四日開始至五月二十五日，我們會於每主日彌撒前下午二時半誦念玫瑰經。敬請各教友前來大教堂一同參加。
4. Our community picnic is coming up and will be held on Saturday, June 21, 2014 at the William Land Park Area 20, 21 & 22, located at 3800 South Land Park Drive, Sacramento, CA 95822. We will start serving food at 11:30 am. Please spread the word, bring your family or friends and come early to enjoy the people and the park. For more information, please contact Gloria Fong (916-442-7178).
 一年一度的燒烤野餐將於六月二十一日(星期六)，於威廉公園第二十、二十一及二十二區舉行(地址：3800 South Land Park Drive, Sacramento, CA 95822)。野餐將於上午十一時半開始。請大家將消息廣傳，並帶你的親友同來。欲知詳情，請聯絡鄭陳秀玲(916-442-7178)。
5. Adult Bible study will be held once every month. For details, please contact Oliver Wan (916-205-2105) or Jenny Yu (707-592-9133)
 成人查經班會於每月舉行一次。詳情請聯絡溫悅民(916-205-2105) 或于菊芬(707-592-9133)。
6. A reminder to everyone to contribute to our second collection every first Sunday of every month to feed the hungry through the organization Feeding America.
 再次提醒大家我們每月第一主日也會收集第二次奉獻，以捐助慈善團體 Feeding America。
7. A reminder to everyone to contribute to our second collection every third Sunday of every month to the ONE campaign, which will help the Diocese of Sacramento raise \$50 million for needed programs within the Diocese and it's parishes.
 在此提醒大家我們每月第三主日也會收集第二次奉獻，用以捐助沙加緬度教區的「壹」運動，以期籌集五千萬元用於教區有需要的項目上。
8. Our Community newsletter publishes every two months. If you have any stories, topics, personal experience that you would like to share with our Community, we invite you to submit paragraphs or articles to us. Feel free to contact our editor Winnie Chan (916-747-9486) for submission of articles or questions.
 團體的教友通訊是每兩個月印製一次。若你有任何故事、感想或個人經歷想和大家分享，歡迎作出投稿。如有關於投稿或其他問題，請聯絡陳穎怡(916-747-9486)。
9. As a reminder, Father Ho is offering the Sacrament of Reconciliation at the Cathedral on the first Sunday of every month before Mass, from 2:30 pm to 2:50 pm.
 再次提醒大家何神父會於每月第一個主日替大家辦修和聖事，時間為彌撒前二時半至二時五十分。
10. Save the date calendar:
 以下是團體將舉行之活動，希望大家能預留時間參加！

ACTIVITY 活動	DATE 日期	VENUE 地點
野餐 Picnic	六月二十一日(星期六) 上午十一時半時至下午三時 6/21/2014 (Sat) 11:30am – 3:00pm	威廉公園第二十、二十一及二十二區 William Lank Park Area 20,21 & 22
年度避靜 Annual Retreat	八月十六日(星期六) 上午九時至下午八時 8/16/2014 (Sat) 9:00am – 8:00pm	基督君王避靜中心 Christ the King Passionist Retreat Center